

# Assisi Habits and Values

*Assisi Habits and Values provide a framework for developing in our students intelligent behaviour based on a set of values.*

*At Assisi Catholic College, we:*

- *Help students understand habits of mind and Franciscan values*
- *Help students identify and develop strategies related to the habits of mind and Franciscan values*
- *Create a culture in the classroom and the school that encourages the development and use of the habits of mind and Franciscan values*
- *Provide positive reinforcement to students who exhibit the habits of mind and Franciscan values*

ASSISI HABITS AND VALUES		
Habits and Values	Habits of Mind	Franciscan Values
Being Responsible	<ul style="list-style-type: none"> <li>• Attempts work first before asking</li> <li>• Participates in class</li> <li>• Is accurate and seeks accuracy</li> <li>• Is clear and seeks clarity</li> <li>• Evaluates the effectiveness of your own actions</li> </ul>	<ul style="list-style-type: none"> <li>• Takes responsible action</li> <li>• Offers unselfish service</li> </ul>
Being Persistent	<ul style="list-style-type: none"> <li>• Takes a position when the situation warrants it</li> <li>• Perseveres (tries hard with difficult tasks and uses different ways to solve the problem)</li> <li>• Pushes the limits of your own knowledge and abilities</li> </ul>	<ul style="list-style-type: none"> <li>• Preserves the environment</li> <li>• Works for justice</li> </ul>
Being Prepared	<ul style="list-style-type: none"> <li>• Plans appropriately</li> <li>• Identifies and uses necessary resources</li> <li>• Completes homework on time</li> <li>• Demonstrates tidiness</li> <li>• Always prepared</li> </ul>	<ul style="list-style-type: none"> <li>• Cares for personal belongings</li> <li>• Balances life (work; study and leisure)</li> </ul>
Being Respectful	<ul style="list-style-type: none"> <li>• Maintains an open mind</li> <li>• Restrains impulsivity</li> <li>• Responds appropriately to others' feelings and level of knowledge (works well with others)</li> <li>• Takes a position when the situation warrants it</li> <li>• Follows instructions</li> <li>• Helps others</li> </ul>	<ul style="list-style-type: none"> <li>• Respects each person's dignity</li> <li>• Offers hospitality, courtesy, kindness and friendship</li> <li>• Fosters loving relationships</li> <li>• Serves and cares for the weak and oppressed</li> <li>• Respects all creatures</li> </ul>
Being Your Own Person	<ul style="list-style-type: none"> <li>• Generates, trusts and maintains your own standards of evaluation</li> <li>• Monitors your own thinking</li> <li>• Generates new ways of viewing situations that are outside the boundaries of standard conventions</li> <li>• Responds appropriately to feedback and bounces back when necessary.</li> <li>• Remains calm in challenging situations</li> </ul>	<ul style="list-style-type: none"> <li>• Heals and reconciles</li> <li>• Forgives others</li> <li>• Resolves conflicts</li> <li>• Promotes non-violence</li> </ul>

*"Habit is a cable; we weave a thread of it each day, and at last we cannot break it."  
Horace Mann*